



Becoming a BCU Lifeguards Aquatic First Aid Level 1 Coach



Outline

The Aquatic First Aid Level 1 Coach award is the foundation First Aid Trainer award within the BCU and BCU Lifeguards. This document should provide prospective candidates with all the information required on how to become an Aquatic First Aid Coach.

The award allows coaches to train and assess the following awards:

- Aquatic First Aid Level 1 (8hr First Aid Award)
- Aquatic First Aid Level 1 Requalification
- Primary First Aid (4hr First Aid Award)
- Primary Resuscitation (Adult Resuscitation and Basic Life Support Award)
- Paediatric Resuscitation (2hr Child and Baby Resuscitation Award)*

* providing you hold the award or equivalent.

Pre-requisites

To become an AFA Level 1 coach candidates must:

- Have attended the AFA Level 1 Coach Induction Workshop or been granted APL by the National First Aid Officer.
- Have a 16hr (minimum) First Aid Qualification awarded within the last 12 months.
- Have held BCU Level 2 Coach (or higher) for a minimum of two years or an approved coaching qualification with another national organisation for a minimum of two years.
- Have BCU/Home Nation membership.

AFA Level 1 Induction Workshop

The AFA L1 Coach Induction course is a four hour workshop which provides candidates with the necessary skills to enable them to train and assess the range of AFA awards, upon completing the induction workshop candidates are granted 'trainee AFA Level 1 Coach' Status.

Pathway for AFA level 1 coach via induction workshop can be found here:

http://www.bculifeguards.org.uk/files/New_AFA_L1_Coach_Pathway.pdf

The four hour course entails:

- a. Introduction to BCU Lifeguards/AFA
- b. Start of the process to becoming an AFA L1 Coach
- c. BCU Lifeguard Aquatic First Aid awards
- d. Resources and Support available
- e. Admin Procedures
- f. Transition- from coaching to teaching
- g. 20 minute micro teaching session
- h. Evaluation
- i. Personal pathway to become an AFA L1 Coach

Trainee status is only lifted once the candidate has successfully been assessed delivering an AFA level 1 course either independently or with another trainee. This is normally within the first 12 months. Candidates should be aware that assessments may be charged for, and arranged directly with the AFA Tutor.

Documentation

The following documentation needs to be sent with the pre-registration form when applying.

- Proof of current BCU/ Home Nation membership.
- Proof of current BCU Level 2 Coaching Award (can be as part of BCU/NGB membership if shown on card)
- Proof of current 16hr First Aid Qualification awarded within the last 12 months.

Details of training and assessment courses can be found here:

<http://www.bculifeguards.org.uk/training.php>

The Induction course provides candidates with a sound knowledge of running BCU Lifeguards First Aid courses and is also ideal for those that are returning since previous qualifications have lapsed. Pre-registration is required for candidates attending the Induction course. The pre-registration form can be found here: <http://www.bculifeguards.org.uk/files/AFAPre-RegistrationForm.pdf>

Fees

The cost of the AFA Level 1 Induction workshop varies depending on the organiser.

The cost for Pre-registering and becoming an AFA Level 1 Coach (Trainee) is £25.00. This fee covers registration, certificate, trainer's resource pack, and updates and allows candidate's access to the BCU Lifeguards Online Trainer's Zone.

APL (Approved Prior Learning)

APL can be granted to candidates that currently hold a First Aid trainers award with another organisation. If this is the case, upon completing the registration process candidates are granted 'Probationary AFA Level 1 Coach' Status.

Probationary status is only lifted once the candidate has successfully been observed delivering a course. This is normally within the first 12 months or within the first 3 courses run by the trainer.

The qualifications we automatically accept for APL are listed below:

- HSE trainer - with a minimum contact of 8 hours
- Voluntary Aid Society Trainer – with a minimum contact of 8 hours
- Emergency Services First Aid Trainer
- Forces First Aid Trainer
- PADI ERF Trainer
- RLSS Pool/Beach Trainer Assessor
- Mountain First Aid Trainer

Other first aid trainer awards will be considered if a course & trainer's award syllabus are submitted to the BCU Lifeguards First Aid Officer for review.

Documentation

The following documentation needs to be sent with the registration form when applying via APL.

- Proof of current BCU/Home Nation membership.
- Copy of current alternative first aid trainer's qualification.
- Proof of current 16hr First Aid Qualification awarded within the last 12 months.

Candidates need to complete the registration form and return to the BCU Lifeguards Administrator with the required documents and payment. The registration form can be found here:

[http://www.bculifeguards.org.uk/files/AFARegistrationForm\(APL\).pdf](http://www.bculifeguards.org.uk/files/AFARegistrationForm(APL).pdf)

Fees

The cost for registering and becoming an AFA Level 1 Coach (Probationary) is £25.00. This fee covers registration, certificate, trainer's resource pack, and updates and allows candidate's access to the BCU Lifeguards Online Trainer's Zone.

Certificates

Certificates are dispatched to trainers once the registration process is complete.