

BCU Aquatic First Aid Coaching Trainer Assessment

1. Purpose of the Aquatic First Aid Coaching Trainer Award

To enable the candidates to train and assess the BCU Aquatic First Aid Coach Awards.

2. Validity

This award remains valid as long as candidates:

- a. Maintain a current sixteen-hour (or higher) First Aid award
- b. Maintain their BCU Level 3 Lifeguard Coach (or higher) award
- c. Maintain Comprehensive membership of the BCU.

3. Structure

The BCU Aquatic First Aid Coaching Trainer Award is to be run using live Aquatic First Aid Coach training and Coach Assessment courses.

4. Assessor

A BCU Aquatic First Aid Coaching Trainer who has:

- a. Held the award for a minimum of twelve months.
- b. Has logged a minimum of two Coach-Training courses and two Coach Assessments.
- c. Been approved by the BCU Lifeguards National Training Officer.

5. Prerequisites

- d. Hold the Aquatic First Aid Coach Level 1 or higher Award for a minimum of 3 years.
- e. Hold the BCU Level 3 Lifeguard Award (or higher).
- f. A current sixteen hour (or higher) First Aid award
- g. A current Paediatric Resuscitation Award
- h. Run a minimum of four Aquatic First Aid courses
- i. Run a minimum of two Paediatric Resuscitation courses
- j. Observed a minimum of 1 Aquatic First Aid Level 1 Coach course.

6. Assessment

Candidates will be assessed running an Aquatic First Aid Level 1 Coach Course and will be assessed on:

- k. Current Resuscitation techniques.
- l. The use of teaching aids.
- m. Classroom and group organisation.
- n. Their awareness of teaching and assessment strategies.